

COOKING FOR FAMILIES

Everything you need to know

As a Cooking for Families volunteer, your group will:

- 1. Book your slot and plan your menu**
- 2. Fundraise towards your Cooking for Families day**
- 3. Shop for your menu items**
- 4. Prepare the meals in our House kitchen for our families**
- 5. Leave The Ronald McDonald House knowing that you have made a tremendous difference in the lives of our Families!**

The Need to Knows

- **Groups of 8 people. Strictly no more than that.**
- **Plan to cook for 35 - 40 people (think more during the school holidays)**
- **Call or email the House no later than one week before your arrival and discuss your menu.**
- **Arrive at the House for 10am and aim to serve up at 1pm.**
- **Groups will receive a friendly induction as soon as all cooks arrive**
- **To protect the health of families please do not visit RMHC if you have a cold, fever or infectious illness. If you are unsure whether it's safe to visit kindly contact the house before coming.**



The important stuff, please read carefully

We are protecting immunocompromised children and their families every day.

Their safety is our priority.



Group Rules

- Everyone must be 18+ years of age.
- Everyone must be illness and symptom free for 14 days.
- Maximum of 8 volunteers per group.

Is there a dress code

- Please ask all group members who have long hair to have it tied back when cooking.
- We provide aprons.
- Gloves are available upon request but hand hygiene is vital.

How many courses

- Only 1 course is necessary but dessert or starter is always welcome.
- To help us reduce waste there is no need to offer a choice of main courses.

Upon Arrival:

- There is on street parking around the outskirts of the Hospital grounds.
- We recommend carpooling or public transport where possible.
- Check in at front desk; our Eircode is D12 DY09.



Kitchen Rules:

- Keeping our families safe and healthy is vital and one of the simplest ways we can help achieve this is washing our hands.
You must wash your hands thoroughly and frequently when at RMHC.
- Cleaning supplies will be provided to ensure sanitisation of all food prep areas.
- Respect family members who may also use the facilities whilst you are there.
Remember, we are working in their home.



Thank You & Enjoy Your Day!



For More Information Contact:
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