

COOKING FOR FAMILIES

Everything you need to know

As a Cooking for Families volunteer,
your group will:

1. Book your slot and plan your menu
2. Fundraise towards your Cooking for Families day
3. Shop for your menu items
4. Prepare the meals in our House kitchen for our families
5. Leave The Ronald McDonald House knowing that you have made a tremendous difference in the lives of our Families!

The Need to Knows



- Groups of 8 people. Strictly no more than that.
- Plan to cook for 30 people (think more during the school holidays)
- Call or email the House 1 week before your arrival and discuss your menu.
- Arrive at the House for 10am and aim to serve up at 1pm. There is some flexibility around times so don't worry if you need some wiggle room, just let us know.
- Groups will receive a friendly induction that will cover our charity story, give a brief tour of the House, the kitchens & general House rules.



For More Information Contact:
Email - ronaldhouse@rmhc.ie
Tel - 01 456 0435



The important stuff, please read carefully

We are protecting immunocompromised children and their families every day.
Their safety is our priority.



Group Rules

- Everyone must be 18+ years of age.
- Everyone must be illness and symptom free for 14 days.
- Maximum of 8 volunteers per group.

Upon Arrival:

- There is on street parking around the outskirts of the Hospital grounds. We recommend carpooling or public transport where possible.
- Check in at front desk; our Eircode is D12 DY09.
- Sanitise hands & temperature check expected.



Kitchen Rules:

- Wash your hands thoroughly & frequently.
- Cleaning supplies will be provided to ensure sanitisation of all food prep areas.
- Food can be served in a buffet style at the main counter for our families.
- Respect family members who may also use the facilities whilst you are there.
- Remember, we are working in their home.
- Pasta & Rices dishes - Start small, make enough for 10 people and we'll make the rest as needed to avoid waste.



Thank You & Enjoy Your Day!